**SPIRIT SELF-SCORING SHEET**

Your whole team should be involved in rating YOUR OWN team! Determine the score in each of the five categories and sum up the points to determine YOUR OWN Spirit score.

**SCORING SCALE:**
Poor = 0, Not so Good = 1, Good = 2, Very Good = 3, Excellent = 4

1. **Rules Knowledge and Use**
   Examples: You did not purposefully misinterpret the rules. You kept to time limits. When you didn’t know the rules you showed a real willingness to learn.

<table>
<thead>
<tr>
<th>Opponent 1</th>
<th>Opponent 2</th>
<th>Opponent 3</th>
<th>Opponent 4</th>
<th>Opponent 5</th>
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<th>Opponent 7</th>
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<th>Opponent 9</th>
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2. **Fouls and Body Contact**
   Examples: You avoided fouling, contact, and dangerous plays.

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3. **Fair-Mindedness**
   Examples: You apologized in situations where it was appropriate, informed teammates about wrong/unnecessary calls. Only called significant breaches.

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4. **Positive Attitude and Self-Control**
   Examples: You were polite. You played with appropriate intensity irrespective of the score. You thanked them for the game.

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5. **Communication**

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**Summing the results**
Sum the score for every category to a final number and write it into these boxes (the end result should be between 0 and 20).

| Total | Total | Total | Total | Total | Total | Total | Total | Total | Total |

**Comments**

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For own team use only
### Example behaviors for the 2014 Spirit of the Game category scores

<table>
<thead>
<tr>
<th>Poor score</th>
<th>Not so Good score</th>
<th>Good (normal) score</th>
<th>Very Good score</th>
<th>Excellent score</th>
</tr>
</thead>
<tbody>
<tr>
<td>• They repeatedly exhibited poor knowledge of the rules</td>
<td>• For the level of play they showed a general lack of rules knowledge</td>
<td>• For the level of play they showed good knowledge of the rules</td>
<td>• For the level of play they showed an above average knowledge of the rules</td>
<td>• For the level of play they showed excellent knowledge of the rules</td>
</tr>
<tr>
<td>• They often disregarded or purposefully misinterpreted the rules</td>
<td>• They disregarded or purposefully misinterpreted the rules during the game a few times</td>
<td>• They did not purposefully misinterpret the rules</td>
<td>• There was at least one case where they helped us learn some of the rules we did not know</td>
<td>• They abided by the rules throughout the game</td>
</tr>
<tr>
<td>• They refused to learn details of the rules and SOG</td>
<td>• They were resistant to being taught rules or elements of SOG</td>
<td>• They kept to time limits</td>
<td>• There was at least one case where they helped us learn some of the rules we did not know</td>
<td>• They explained the rules we did not know very clearly, efficiently, and in a way that added to our joy of the game</td>
</tr>
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<td>• They made little effort to avoid body contact</td>
<td>• They didn’t keep to time limits</td>
<td>• When they didn’t know the rules, they showed a real willingness to learn them</td>
<td>• They explained the rules we did not know very clearly, efficiently, and in a way that added to our joy of the game</td>
<td>• They properly used official hand signals to indicate fouls, scores, etc...</td>
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### Rules Knowledge and use

- Even after repeated calls, they continued to have the same foul or contact issues
- There were several instances of dangerous or reckless plays
- They made little effort to avoid body contact
- There was a bit too much
- There were a few instances of dangerous or reckless plays
- They communicated very effectively
- They clearly explained their point of view
- Their captain/leaders communicated with our leaders very effectively
- The opposing team always took the stance that they were right on calls
- When asked, teammates did not give their opinion on calls where the result could have gone against their team
- They made many unjustifiable calls/contests
- They made retaliatory calls
- They frequently refused to discuss issues/calls
- They got angry/reacted with contempt at several calls/contests
- They frequently used offensive language
- Their body language was frequently rude or aggressive, such as smirking or making offensive hand gestures

### Fair-Mindedness

- The opposing team generally exhibited self-control and positive attitude towards opponents, their own teammates, officials, volunteers, and/or spectators
- They actively celebrated our errors to humiliate players
- A few instances of edge-down spiking or aggressive celebration towards opponent
- Several instances of deliberately damaging equipment
- They played in a patronizing manner (e.g. scoober only points, trick plays, etc...)
- They frequently refused to discuss issues/calls
- They got angry/reacted with contempt at several calls/contests
- They frequently used offensive language
- Their body language was frequently rude or aggressive, such as smirking or making offensive hand gestures
- They did not keep to discussion time limits
- They provided evidence to support their calls
- They communicated respectfully
- They listened
- They kept to discussion time limits
- They clearly explained their point of view
- The sideline/others helped out when asked
- They explained the game to spectators and newcomers
- They motivated us to keep high spirit and helped us to make the game even better
- Several instances of deliberately damaging equipment
- They frequently gave us constructive criticism
- They introduced themselves to us
- They communicated on a good play or celebrated good plays by either team in a positive manner
- There were 1-2 instances where they clearly showed very good self-control
- They provided evidence to support their calls
- They communicated respectfully
- They listened
- They kept to discussion time limits
- They clearly explained their point of view
- The sideline/others helped out when asked
- They explained the game to spectators and newcomers
- They motivated us to keep high spirit and suggested concrete examples on how to do it
- They communicated very effectively and made us feel comfortable discussing the game
- They properly used official hand signals to indicate fouls, scores, etc...

Please use common sense! Especially after games which contain instances where the opposing team has displayed both positive and negative examples of spirit in the same category.