The story of the day has to be all American teams making the finals in their respective divisions. Great Britain pushed USA in the open semi-final to 15-12, and the home team will be gutted not to have made more of their matchup given another early deficit of 5-1. With a turning point of the game at 10-8, GB had the disc to score and stay within one, but USA took control after getting to 11-8. Apart from the slow early points, Britain represented with pride as they completed stunning plays both vertically and horizontally to the end of the game. Rollo Sax Dixon and Declan Cartwright were particularly powerful on defense as this GB team showed that whilst they couldn't get the better of the Americans this time, they more than matched them physically. USA held their cool even at close scorelines, and looked as professional as ever. Going into the final, they face a Canadian side that was firing on all cylinders as they breezed past Japan 16-9 in the other semi-final.

Unlike yesterday however the best games didn’t come from the Open division. The Japanese Women beat Canada 13-10, after Canada had brought the game back to 10-10 from a 6-2 deficit. In a game with wild swings of momentum, Japan had clearly adapted from the previous matchup between these teams, and were able to string three straight points together to come out on top. The tense final stage of this game saw excellent tight handler play from both offense and defense of both teams, and a deserved winner in Japan who hold the seed, but take the win in what remains an upset against a strong Canadian side. Australia ran close with USA in the opening points of their semi-final, but conceded six consecutive points after 3-3 to go down 9-3 at half. Both teams had top talent on display, but USA confirmed themselves as some of the best athletes and most skilled players of the tournament as they completed yet another clean victory, winning 17-7 on their way to the final. This is Australia’s first Under 23 finals berth since the Women’s gold in 2010.

With Canada having taken a commanding victory over Germany for bronze with a 16-9 victory this evening, five medal games remain. Great Britain and Japan Open meet in a rematch of the 5v6 game in Toronto, but this time play for a bronze medal. The 2013 matchup saw a 17-16 comeback win for Great Britain, and results from this tournament as well as the high stakes suggest this game could be just as exciting. The biggest home crowd yet will be out in full support. In the women’s division Australia and Canada will be battling hard to bring home a second piece of silverware for their country.

Three American teams, one Canadian, one Australian, and one Japanese team make up the finals. Apart from a half lost to Great Britain in pool play (which was answered by 9 straight points and the victory), the USA Mixed squad have been unscathed so far. Australia reached the top four on points difference, but will seriously approach the Americans with the intent of an upset. Their unrelentingly aggressive style can be high risk, but equally difficult to overcome when it clicks and whilst USA will be prepared, no team will escape the nerves that come with finals day. Canada Open have featured in every Under 23 final, but haven’t yet beat USA who won their debut in 2013. With Canada being one of the only top teams to not have played USA so far, both teams will be salivating at the opportunity to crown themselves winners of what has been a fantastically close Open division. The USA Women have already enjoyed a victory over their final matchup earlier in pool play, but Japan have shown that they can learn from earlier losses. After USA beat Japan 16-14 in the Toronto final, the stage is set for a fantastic day of finals.

By Josh Coxon Kelly
Finals Day Schedule

Bronze Medal Games
9:30 Japan v Great Britain [Open] Pitch 10
9:30 Canada v Australia [Women’s] Pitch 12

Finals - Arena
11:00 USA v Australia [Mixed]
13:30 USA v Japan [Women’s]
16:00 USA v Canada [Open]

Useful Information
• Please can all teams use toilets rather than trees and bushes around the site!
• Players must have their accreditation to get in the grandstand tomorrow
• No glass bottles on site

Player Profile
Name: Levin Sommer
Age: 22
Team: Swiss under 23 Open and Bern Panthers
Sickest thing you’ve done: I’ve had a couple of layout Ds, they were pretty cool
Best Ultimate achievement: We’ve won the National championships twice in a row with my mixed team
Sexiest kit at the tournament: The Swiss of course. Otherwise the Colombian shirts are cool
Pump up tune: Wrecking Ball by Miley Cyrus - for sure
If you had to play for another team who would it be: Spain. They seem like a bunch of nice guys
Best thing about the UK so far: I like that it was sunny on Thursday
Frisbee idol: Our player Eric Schaer, who is injured and isn’t here in London
Anything else: I want to say hi to my mom, “Hi Mom,” and hi to my dad, “Hi Dad”