

## **WFDF Anti-Doping Program & Test Distribution (TDP) Plan 2016 - Update as of 12 November 2015**

WFDF is currently finalising the preparations for the Anti-Doping Program Plan 2016. The WFDF Executive Director has met with the representatives of WADA (World Anti-Doping Agency European Office) in Lausanne during the IF Forum to discuss the parameters of the 2016 activities. In general it was agreed that there would be no changes needed to the procedures as established and valid for 2015.

### **2016 Testing Program and Test Distribution Plan (TDP)**

The following parameters are MANDATORY for WFDF effective 1 January 2016:

- 1.) WFDF to conduct Out-of-Competition testing (OOCT) and In-Competition testing (ICT) as before including 1-2 tests (obligatory analysed on EPO and on HGH - Human Growth Hormone use) to be done in a period away from competitions. This principle results from the Technical Document for Sport Specific Analysis (TDSSA) that 5% of the Testing Pool tests must be on EPO/HGH - which is 1 for us for each (out of 9 athletes).
- 2.) WFDF MUST do one test as blood test, whilst all the others remain Urine, as hGH only may be detected by blood testing.
- 3.) Total number of tests in the TDP is: 4-5 OOCT (was 3 before) and 4-5 ICT (was 3), depending on costs of testing plus the 1 - 2 as mentioned under 1.). As 2016 with WUGC in London is an important competition year with qualification events for World Games 2017 it is more likely that this quota will be fully used.
- 4.) WADA accepts that the number of WFDF Testing Pool athletes stays at 9. These 9 athletes give whereabouts as before without a one hour daily window for Testing.
- 5.) WFDF to continue education - e.g. for WUGC 2016 ALL athletes do an online Anti-Doping education and coaches do the WADA "coach true" online tool.
- 6.) WFDF to contribute to the Technical Document (TDSSA) by sending information on sport details.

### **WFDF 2016 Testing Pool effective as of 1 January 2016**

As reported above we need again a pool of 9 athletes related to the main target event for 2016. The athletes will be selected from the following countries:

1. USA
2. Canada
3. Great Britain  
1 male and 1 female athlete each
  
4. Germany
5. Japan
6. Australia  
1 male athlete each

submitted by Volker Bernardi, WFDF Executive Director