



Rules of Ultimate
Hand Signals



1. Foul



2. Violation



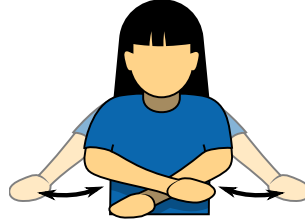
3. Goal



4. Contest



5. Uncontested



6. Retracted / Play On



7. In / Out-of-bounds
Out of end zone



8. Disc down



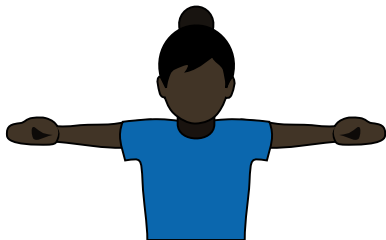
9. Disc up



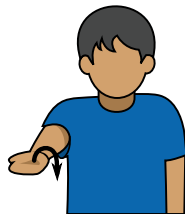
10. Pick



11. Travel



12. Marking infraction



13. Turnover



14. Timing Violation



15. Off side



16. Time-out



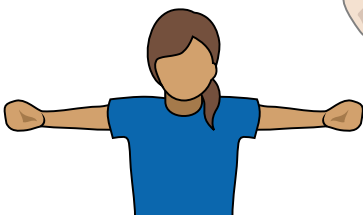
17. Spirit of the Game Stoppage



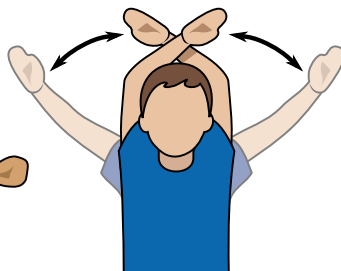
18. Stoppage



19. 4 men



20. 4 women



21. Play has stopped



22. Match Point



23. Who made the call