

# SPIRIT SELF-SCORING SHEET

**Your whole team should be involved** in rating YOUR OWN team!  
Determine the score in each of the five categories and sum up the points to determine YOUR OWN Spirit score.

## SCORING SCALE:

Poor = 0, Not so Good = 1, Good = 2, Very Good = 3, Excellent = 4

### 1. Rules Knowledge and Use

Examples: You did not purposefully misinterpret the rules. You kept to time limits. When you didn't know the rules you showed a real willingness to learn.

### 2. Fouls and Body Contact

Examples: You avoided fouling, contact, and dangerous plays.

### 3. Fair-Mindedness

Examples: You apologized in situations where it was appropriate, informed teammates about wrong/unnecessary calls. Only called significant breaches.

### 4. Positive Attitude and Self-Control

Examples: You were polite. You played with appropriate intensity irrespective of the score. You thanked them for the game.

### 5. Communication

Examples: You communicated respectfully. You listened. You kept to discussion time limits.

### Summing the results

Sum the score for every category to a final number and write it into these boxes (the end result should be between 0 and 20).

## Your Team

Opponent 1	Opponent 2	Opponent 3	Opponent 4	Opponent 5	Opponent 6	Opponent 7	Opponent 8	Opponent 9	Opponent 10
(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)
(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)
(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)
(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)
(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)	(0-4)
Total	Total	Total	Total	Total	Total	Total	Total	Total	Total

### Comments

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## Example behaviors for the 2014 Spirit of the Game category scores

	Poor score	Not so Good score	Good (normal) score	Very Good score	Excellent score
<b>Rules Knowledge and use</b>	<ul style="list-style-type: none"> <li>They repeatedly exhibited poor knowledge of the rules</li> <li>They often disregarded or purposefully misinterpreted the rules</li> <li>They refused to learn details of the rules and SOTG</li> </ul>	<ul style="list-style-type: none"> <li>For the level of play they showed a general lack of rules knowledge</li> <li>They disregarded or purposefully misinterpreted the rules during the game a few times</li> <li>They were resistant to being taught rules or elements of SOTG</li> <li>They didn't keep to time limits</li> <li>They were Offside during pulls even after an initial warning</li> </ul>	<ul style="list-style-type: none"> <li>For the level of play they showed good knowledge of the rules</li> <li>They did not purposefully misinterpret the rules</li> <li>They kept to time limits</li> <li>When they didn't know the rules, they showed a real willingness to learn them</li> </ul>	<ul style="list-style-type: none"> <li>For the level of play they showed an above average knowledge of the rules</li> <li>There was at least one case where they helped us learn some of the rules we did not know</li> </ul>	<ul style="list-style-type: none"> <li>For the level of play they showed excellent knowledge of the rules</li> <li>They abided by the rules throughout the game</li> <li>They explained the rules we did not know very clearly, efficiently, and in a way that added to our joy of the game</li> </ul>
<b>Fouls and Body Contact</b>	<ul style="list-style-type: none"> <li>Even after repeated calls they continued to have the same foul or contact issues</li> <li>There were several instances of dangerous or reckless plays</li> <li>They made little effort to avoid body contact</li> </ul>	<ul style="list-style-type: none"> <li>The amount of non-incident body contact was a bit too much</li> <li>There were a few instances of dangerous or reckless plays</li> </ul>	<ul style="list-style-type: none"> <li>Nothing significant occurred beyond incidental contact</li> </ul>	<ul style="list-style-type: none"> <li>There was at least one clear case of thoughtful contact avoidance</li> </ul>	<ul style="list-style-type: none"> <li>There were several clear cases of thoughtful contact avoidance</li> <li>They played in a style that avoided the potential for both fouls and unnecessary body contact</li> </ul>
<b>Fair-Mindedness</b>	<ul style="list-style-type: none"> <li>The opposing team always took the stance that they were right on calls</li> <li>When asked, teammates did not give their opinion on calls where the result could have gone against their team</li> <li>They made many unjustifiable calls/contests</li> <li>They made retaliatory calls</li> <li>They frequently fouled and/or made calls for tactical reasons</li> <li>They unduly delayed the game for tactical reasons</li> </ul>	<ul style="list-style-type: none"> <li>They often gave the impression they would only see things in a manner favorable to their team</li> <li>They made a few unjustifiable calls/contests</li> <li>They were not consistent in their calls throughout the game</li> <li>They were quick to complain when we made a call, irrespective of the appropriateness of the call</li> </ul>	<ul style="list-style-type: none"> <li>They didn't call breaches that did not affect the outcome of the action, such as a minimal travel on an unmarked thrower, or fouls on throws they made that would not have been caught anyway</li> <li>They respected and acknowledged our opinions on calls, even when they disagreed</li> <li>They apologized in situations where it was appropriate (like an uncontested foul)</li> <li>They adjusted their behavior based on our feedback in a way that improved the enjoyment of the game</li> </ul>	<ul style="list-style-type: none"> <li>There was at least one case where they informed teammates when they made wrong or unnecessary calls/contests</li> <li>They retracted calls when they thought they were wrong</li> </ul>	<ul style="list-style-type: none"> <li>There were several clear examples of opposition players seeking to uphold the truth of the situation, even if it did not benefit them.</li> <li>They remained fair-minded even in crucial situations (eg. Universe point)</li> </ul>
<b>Positive attitude and self-control</b>	<ul style="list-style-type: none"> <li>Players and/or their sideline were often rude and discourteous towards opponents, their own teammates, officials, volunteers, organizers, and/or spectators</li> <li>Physical confrontation occurred on/off the field</li> <li>Several instances of edge-down spiking, or aggressive celebration towards opponent</li> <li>Several instances of deliberately damaging equipment</li> <li>They played in a patronizing manner (e.g. scoober only points, trick plays, etc...)</li> </ul>	<ul style="list-style-type: none"> <li>Players and/or sideline sometimes exhibited a lack of self-control and positive attitude towards opponents, their own teammates, officials, volunteers, organizers, and/or spectators</li> <li>They actively celebrated our errors to humiliate players</li> <li>A few instances of edge-down spiking or aggressive celebration towards opponent</li> <li>A few instances of deliberately damaging equipment</li> </ul>	<ul style="list-style-type: none"> <li>Players and/or sideline generally exhibited self-control and positive attitude towards opponents, officials, and spectators</li> <li>Opposing team left an overall positive impression during and after the game, e.g. during the Spirit circle</li> <li>They were polite to us, their teammates, officials and spectators</li> <li>They thanked us for the game</li> <li>They played with appropriate intensity irrespective of the score</li> </ul>	<ul style="list-style-type: none"> <li>They introduced themselves to us</li> <li>They complimented us on a good play or celebrated good plays by either team in a positive manner</li> <li>There were 1-2 instances where they clearly showed very good self-control</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrated excellent self control on the field during potentially stressful situations</li> <li>Highest level of self-control and positive attitude shown throughout game towards opponents, officials, and spectators</li> </ul>
<b>Communication (With players, officials, volunteers, organizers, and spectators)</b>	<ul style="list-style-type: none"> <li>They frequently refused to discuss issues/calls</li> <li>They got angry/reacted with contempt at several calls/contests</li> <li>They frequently used offensive language</li> <li>Their body language was frequently rude or aggressive, such as smirking or making offensive hand gestures</li> </ul>	<ul style="list-style-type: none"> <li>Players not involved in the play got involved without having best perspective or being asked/getting permission several times</li> <li>There were a few instances where they were not calm while communicating</li> <li>There were a few instances where their body language was rude or aggressive, such as smirking or making offensive hand gestures</li> <li>They did not keep to discussion time limits</li> </ul>	<ul style="list-style-type: none"> <li>Conflicts were resolved without incident</li> <li>They communicated respectfully</li> <li>They listened</li> <li>They kept to discussion time limits</li> <li>They clearly explained their point of view</li> <li>The sideline/other players helped out when asked</li> </ul>	<ul style="list-style-type: none"> <li>They provided evidence to support their calls</li> <li>They communicated their point of view effectively and calmly</li> <li>Their captain/leaders communicated with our leaders very effectively</li> <li>They brought up spirit issues and general concerns as early as possible</li> </ul>	<ul style="list-style-type: none"> <li>They explained the game to spectators and newcomers</li> <li>They motivated us to keep high spirit and suggested concrete examples on how to do it</li> <li>They communicated very effectively and made us feel comfortable discussing the game</li> <li>They properly used official hand signals to indicate fouls, scores, etc...</li> </ul>

Please use common sense! Especially after games which contain instances where the opposing team has displayed both positive and negative examples of spirit in the same category.